



INTEGRATED CHILD DEVELOPMENT SERVICES

“Towards malnutrition free Tamilnadu”



ABOUT ICDS

The Department of ICDS is mainly involved in
Nutrition, Health & Pre-school
intervention Services for the target groups :

- i) Children up to 0-5+ years
- ii) Pregnant women
- iii) Lactating mothers
- iv) Adolescent girls



ICDS Profile



Districts

38

Blocks

434

Rural

387

Urban

45

Tribal

2

Main Centre

49,499

Mini Centre

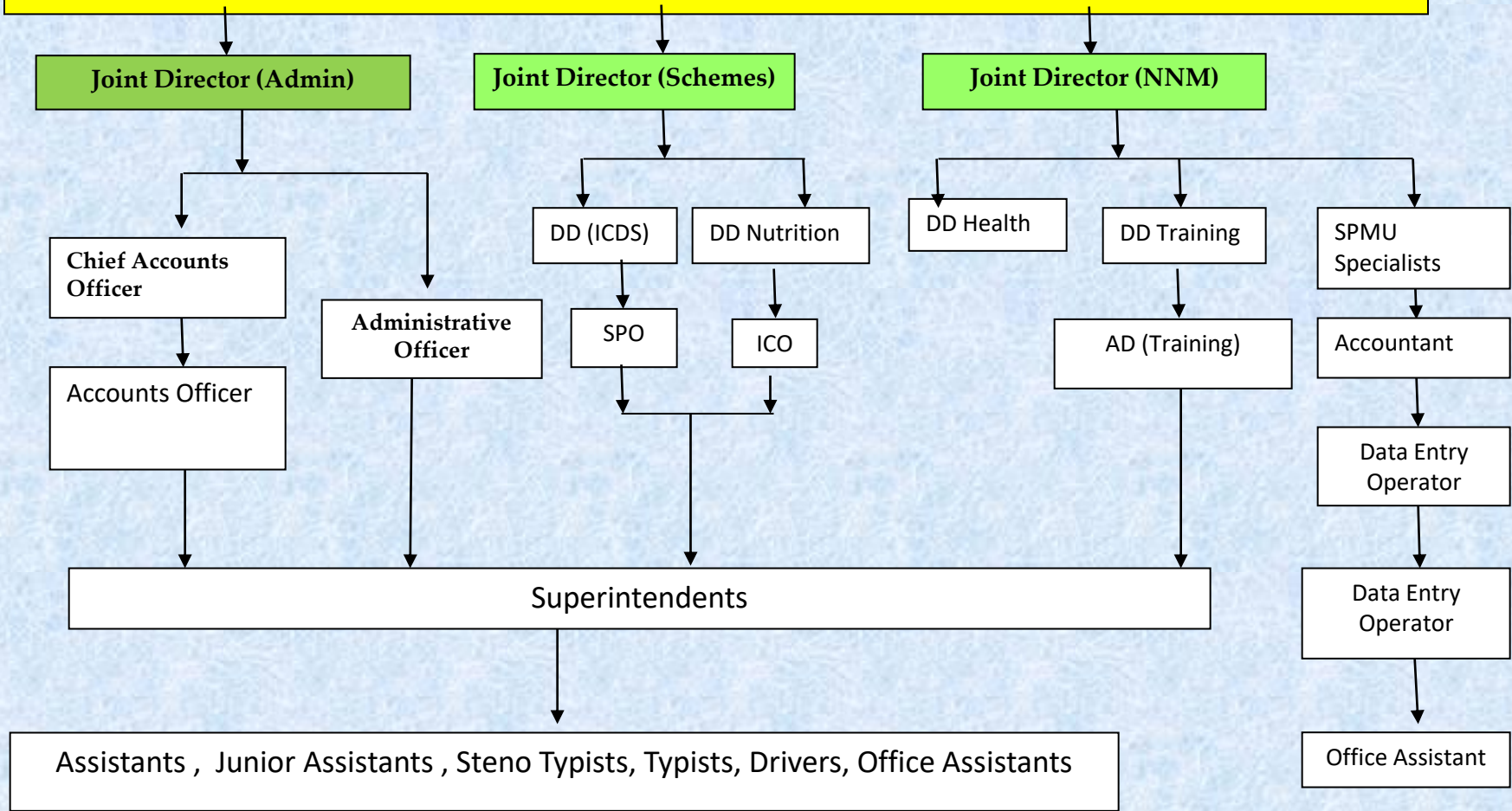
4,940

**Total number
of AWCs**

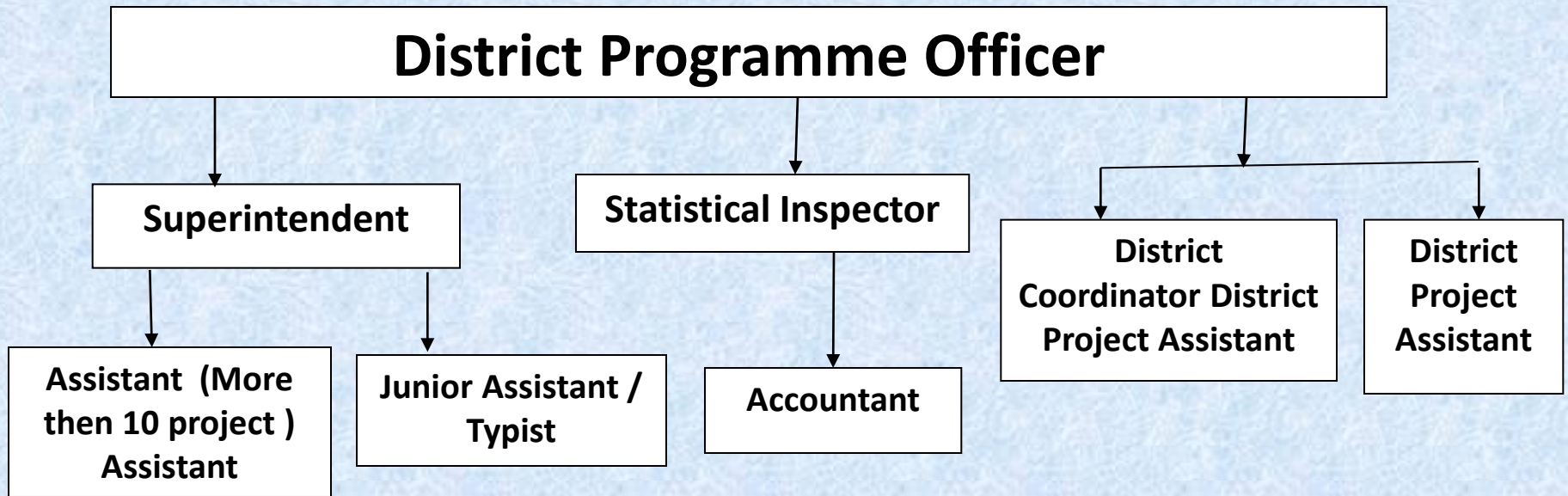
54,439

STATE LEVEL

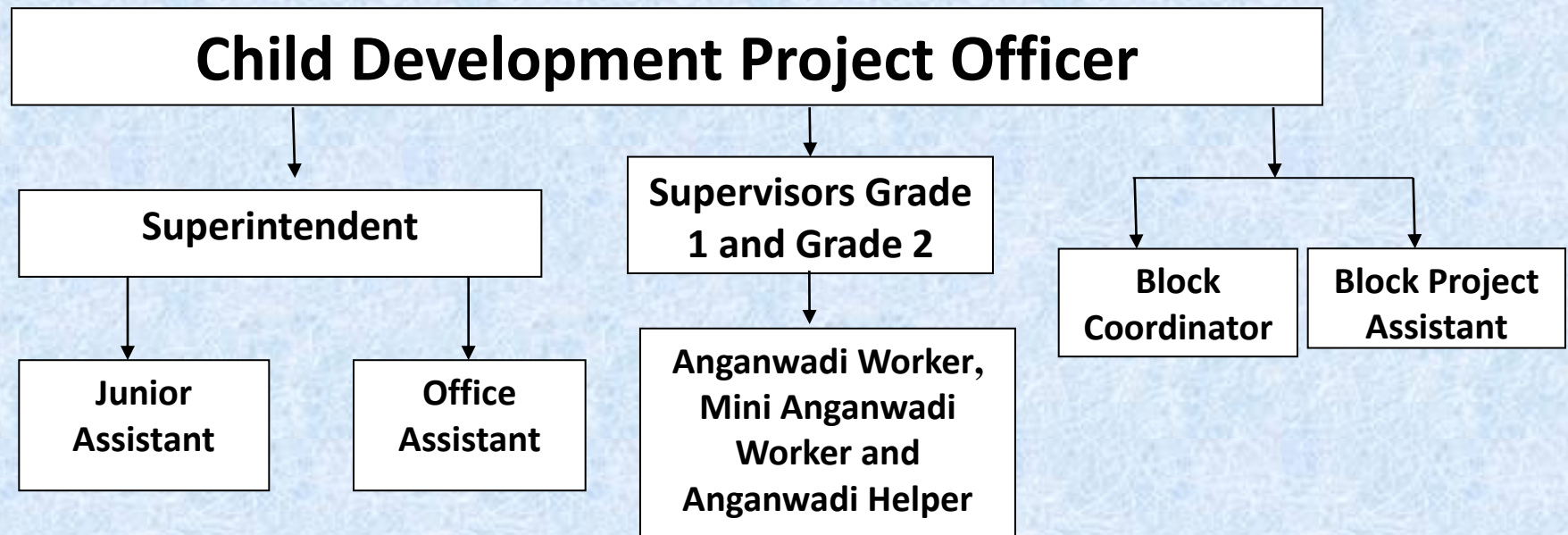
Directorate of Integrated Child Development Services Director cum Mission Director







District Level




Block Level



Nutritional Indicators as per NFHS-5

Indicator	NFHS-5 (2019-21)		NFHS-4 (2016)	POSHAN Tracker (Mar '2022)	Progress from NFHS-4 to NFHS-5
	All India	State	State	State	
Stunting (%)	35.5	25	27.1	19.15%	
Wasting (%)	19.3	14.6	19.7	6.83%	
Underweight (%)	32.1	22	23.8	9.85%	
Children age 6-59 months who are Anaemic (%)	67.1	57.4	50.7	NA	

 Improved

 Declined

MAJOR SERVICES

- 1) Supplementary Nutrition
- 2) Pre-School Education
- 3) Health and Nutrition Education
- 4) Immunization Services
- 5) Health Check-up Services
- 6) Referral Services

ICDS Beneficiaries

Main AWCs	Mini AWCS	Total
49499	4940	54439

6 to 12 months children	4,48,540
12 to 24 months children	6,81,667
24 to 36 months children	7,27,305
36 to 60 months children	6,98,528
Antenatal / Postnatal mothers	7,14,843
Total	32,70,883

Supplementary Nutrition

Age	Food Provided
6months- 1year children	<ul style="list-style-type: none"> • Complementary food (Sathu Maavu)
1-2 years children	<ul style="list-style-type: none"> • Complementary Food • One boiled egg per week (Wednesday)
2- 6 years children	<ul style="list-style-type: none"> • Complementary food and Variety Rice • Bengal gram/Green gram 20 g (Tuesday) • 20 gms Boiled Potatoes (Friday) • Three boiled eggs per week (Mon, Wed, Thursday) • Banana for non-egg eating children • NFSAct mandates Hot Cooked Meal for 3-5 year children only. However in Tamil Nadu in addition to Complementary food (THR) children in the age group of 2-3 years are provided hot cooked meals with egg.
Pregnant Women, Lactating mothers and AG	<ul style="list-style-type: none"> • Complementary food (Sathu Maavu)

Weaning Food Composition

S. No	Ingredients	% (in gms)
1	Wheat Flour	45.50
2	Roasted Ragi flour	6.00
3	Full Fat Soya bean flour	10.50
4	Fortified palm oil	5.00
5	Malted Ragi Flour	5.00
6	Jaggery	27.00
7	Vitamins and Minerals premix	1.00
	Total	100.00
In 100gms of Weaning Food - Protein 11gms		Energy 400 kCal

Following Tamil Nadu model, other States like Telangana, Karnataka, Gujarat are also providing energy food in the names of Balamritham, Nutrimix Powder and Bal Shakthi respectively.

Pre school Education

- 14.26 Lakh children in the age group of 2 to 6 years are given preschool education in ICDS centers.



Pre school Education (Condt...)

- Aadi paadi vilayadu paappa ECCE curriculum in eleven themes is implemented in 54439 centres.
- Age wise activity books, Assessment cards and Pre-school leaving certificates are supplied to children.
- Preschool kit is supplied to the centres for conducting ECCE activities.

ECCE Curriculum

- APVP Curriculum Theme wise i.e. Eleven curriculum books as package was printed in Tamil language and distributed to all **54439 AWCs.**



Health Checkup and Referral

- ❖ The children in ICDS centers are being checked up by Rashtriya Bal Swasthya Kariyakram (RBSK) Doctors once in 6months.

Decentralized Training Strategy (3 Tier System Unique to Tamil Nadu)

State Level



- **State Level Master Trainers training done at NIPCCD/STI.**
- **DPOs/CDPOs are trained on various subjects on MIS, IYCF, ECCE, IPC and IEC**

District Level



- **District Level Master Trainers training done at State Training Institute by STI**
- **CDPOs/Supervisors are then trained at District Level by DLMT**

Block Level



- **Anganwadi Workers/Helpers are given training at Block Level by DLMT**
- **Job training, Refresher training, Orientation Training and Special Training are given.**

PARTNERS OF ICDS

- 1) Health & Family Welfare Department
- 2) Education Department
- 3) Rural Development Department
- 4) Food & Nutrition Board
- 5) NIPCCD
- 6) ICCW
- 7) UNICEF
- 8) Avinashilingam Deemed University
- 9) All NGOs support ECE
- 10) Private Institutions Promote Corporate responsibilities
- 11) Local Communities

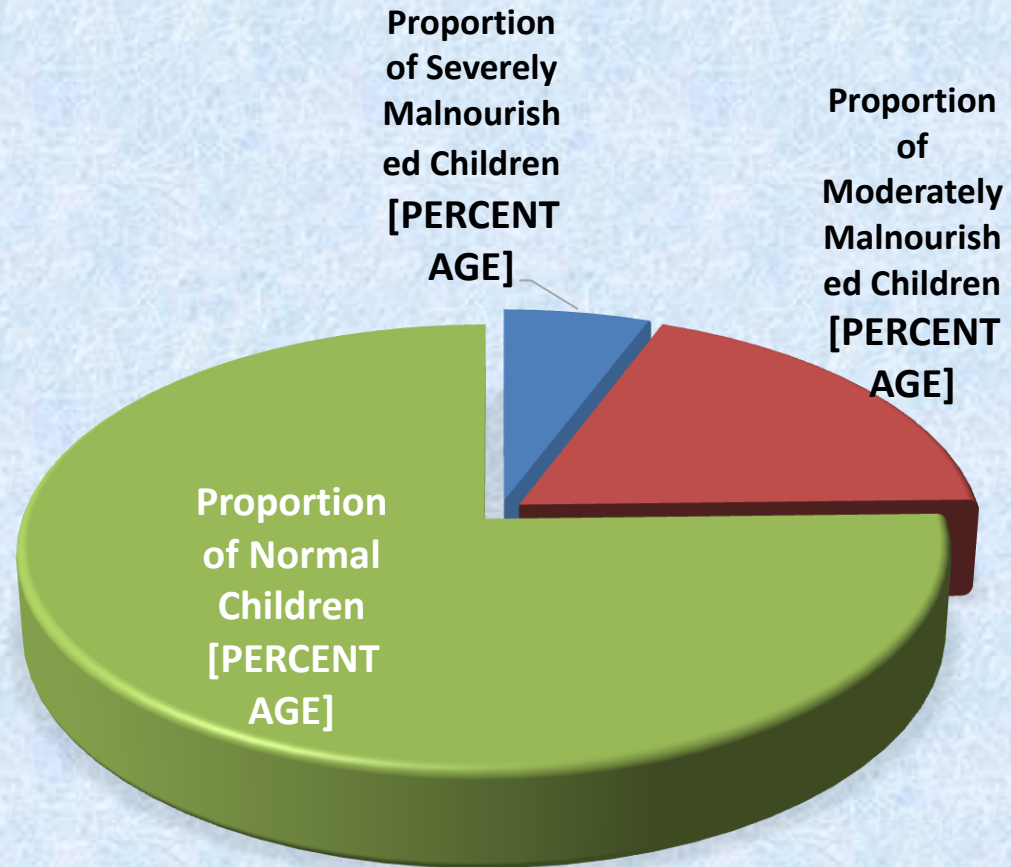


“ஊட்டச்சத்தை உறுதிசெய்



Growth Monitoring Campaign

- ✓ Growth Monitoring of Children on Campaign Mode targeting all the children under 5 Years.
- ✓ Total Children covered is 37 Lakh
- ✓ The Campaign Identified 9.3 lakh of Malnourished Children

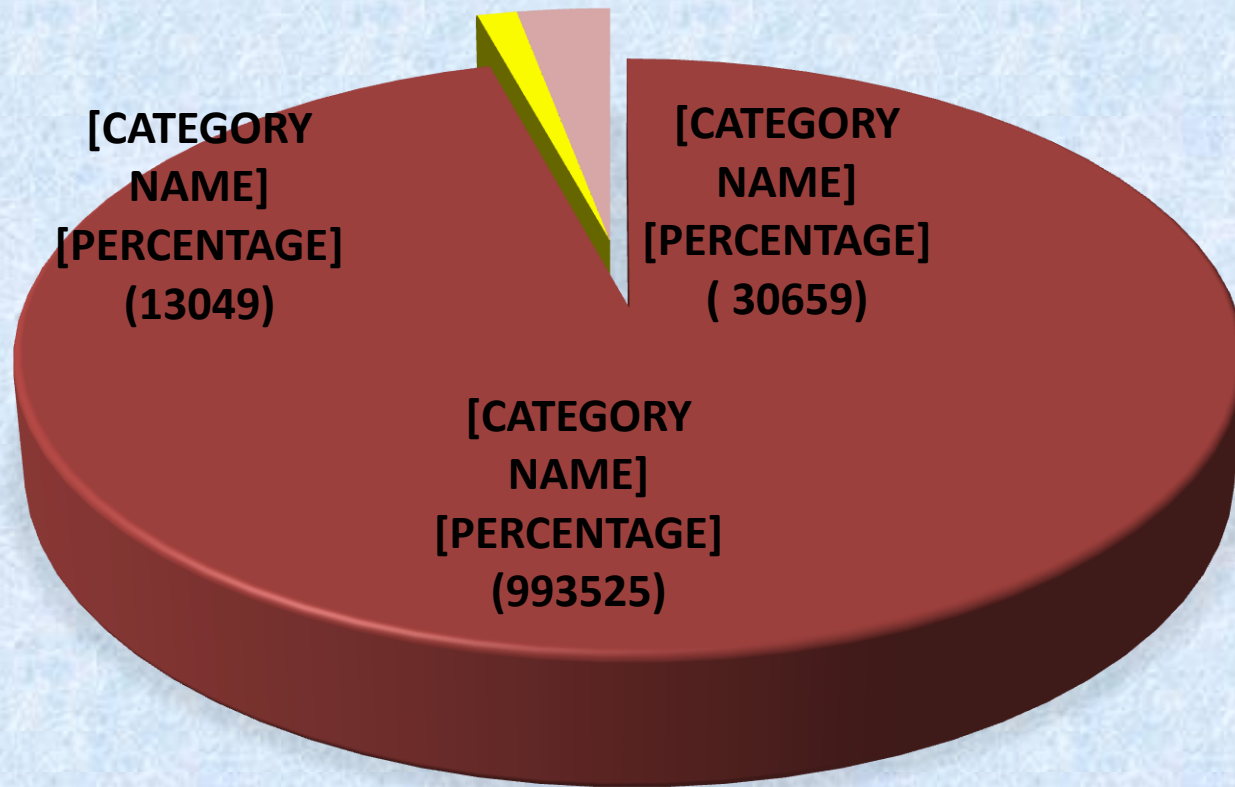


Nutritional Status of Screened Children

Category	Severe	Moderate	Normal
Under Weight	48,585	3,17,482	28,25,043
Stunting	1,44,441	4,53,023	31,81,943
Wasting	66,186	2,44,888	34,68,333
Malnourished	2,18,098	7,12,512	28,48,797
Total Malnourished	9,30,610		24.62%

Screening of Malnourished Children by RBSK Team

- ✓ Based on the intervention needed, RBSK teams have classified children as those need Medical Intervention alone, Nutritional Intervention alone and Both.



Plan for Nutritional Rehabilitation

(G.O. MS No.185,SW & WED, Dt:30.09.2022)

0 – 6 months children:

- Two Nutrikits each to mothers of 11,917 severely malnourished children and 1 nutrikit each to mothers of 16,415 moderately malnourished children (0-6 months).

6 months to 6 years:

- Supply of RUTF (Ready to use Therapeutic food) to 1,11,216. Severely malnourished children for eight weeks.
- Micro level planning is done for each malnourished child and they are being continuously followed up.

POSHAN Tracker Application

- POSHAN Tracker application is to provide a 360-degree view of the activities of the Anganwadi Centre (AWC), service deliveries of Anganwadi Workers (AWWs) and complete beneficiary management for pregnant women, lactating mothers and children. The proposed system should enable real-time monitoring and tracking of all AWCs, AWWs and beneficiaries on the defined indicators.
- All the 54439 AWCs has been registered in POSHAN Tracker Application
- Tamil Nadu has completed 100% (AN Mothers - 3,40,910, PN Mothers - 3,75,124., Children (Birth - 6 years) - 39,67,120.) beneficiaries with 99% of Aadhar coverage under POSHAN Tracker by Sep 2022.



“TAMILNADU-ICDS App”

- The “TN-ICDS” is a mobile based application rolled out by the Department of Social Welfare and Women Empowerment Department, Integrated Child Development Services Scheme, Tamilnadu on 21st March 2022 through TNeGA, as an important governance tool.
- Technology used is being leveraged for dynamic identification of stunting, wasting, under-weight prevalence among children and last mile tracking of nutrition service delivery.



TN-ICDS

Mobile application



ICDS - Total Budget for 2022-2023

(Rs. in Cr)

Gross Total Project cost	GOI share	State share	Exclusive State share	Total State share
2702.24	836.53	628.43	1237.28	1865.71

Thank You